



ADVANCE GYMNASTICS CLUB

# Health & Safety Policy

Last updated: 25/03/26

## Advance Gymnastics Club Health & Safety Policy

### Statement

We are committed to ensuring a safe environment for all participants, staff, and visitors.

### Responsibilities

- Head Coach: overall responsibility for safety
- Coaches: ensure safe delivery of sessions
- Participants: follow instructions and behave appropriately

### Key Procedures

- Equipment checked before use
- Damaged equipment removed immediately
- Clear access/exit routes maintained

### Accidents

- All accidents recorded in an accident book
- Serious incidents reported to relevant authorities if required

### Emergency Procedures

- Fire exits clearly identified
- Evacuation plan in place
- First aider present at all sessions